



What is success: You decide.

What's most important to you? This exercise enables you to define success in terms of what's most important to you in life.

PART 1: Complete this brief survey on values. In each of the two categories, rank the items from 1 to 11, starting with #1 as the most important to you.

Work values

- ___ High income: making more than the national average income
- ___ Prestige: having people look up to you
- ___ Independence: being able to plan your own work and schedule
- ___ Helping others: being able to help people
- ___ Security: being pretty certain that you won't lose your job
- ___ Variety: doing a lot of different things on your job
- ___ Leadership: setting the pace for other people who work for you; having the power to decide policies, courses of action, etc.
- ___ Leisure: having a lot of time left after work to do other things
- ___ Creativity: being able to come up with new products, ideas, or artistic creations
- ___ Detail: having tasks with exact specifications that require careful attention to detail
- ___ Challenge: tackling complex, demanding tasks that involve solving problems

Life values

- ___ An exciting life: doing things that involve a lot of action, challenge, and stimulation
- ___ Family: being deeply involved with loved ones
- ___ A financially prosperous life: having many material possessions
- ___ Freedom: being independent and making your own decisions
- ___ Education: engaging in lifelong learning
- ___ Inner peace: feeling free of inner conflict
- ___ Prestige: being influential and respected by others
- ___ Good health: maintaining your physical and mental capacities
- ___ Friendship: having close companionship
- ___ Self-respect: believing in yourself and your worth
- ___ Meaningful work: having a job that has satisfying, worthwhile results



