The “mental” in manual work

Here’s what Crawford has to say about motorcycle repair: “The repairman has to begin each job by getting outside his own head and noticing things. He has to look carefully and listen to an ailing machine. Piston slap may indeed sound like loose tappets, so to be a good mechanic you constantly have to be attentive to the possibility that your first assessment of the problem may be incorrect. The very best mechanics are always open to different possibilities and explanations, beyond their original perceptions of what the problem may be.”

To Crawford, a good “manual worker” understands more than most people think: “The carpenter learns different species of wood, their fitness for load-bearing and water-holding, their stability with changes in weather, and their varying resistance to rot and insects.”

And Crawford’s not alone. MIT economist Frank Levy defines creativity in the trades as knowing what to do when the rules run out. “It’s what a good mechanic does after his computerized test equipment says a car’s transmission is fine, but the transmission continues to shift at the wrong engine speed.” Knowing what kind of problem you’re dealing with means knowing what factors can and cannot be ignored. This kind of judgment cannot be made by following rules.

This kind of judgment elevates manual work to an art, which is why some people now refer to the trades as the “useful arts.” Crawford’s work involves an active process in which he looks at a maze of patterns and root causes. Applying his knowledge and perceptions, he becomes deeply involved in what he works on. This, he states, is the main ethic of a good tradesperson — manual work is mental work when one cares personally about the thing on which he or she is working.

The “social currency” of manual work

“The repairman or maintenance expert is called in when the smooth operation of one’s home or world has been disrupted,” Crawford observes. As our society produces more and more knowledge workers — accountants, lawyers, and business people, for example — fewer and fewer of us know how to take care of our own stuff, whether it’s our lawn mowers or the roofs of our houses. As a result, there’s a growing demand for the skills of a tradesperson. Plus, while a lot of jobs have gone overseas, the manual trades have not. If you need a deck built or your horse shod, the factory worker overseas isn’t going to be helpful.

Princeton economist Alan Binder predicts that wages will rise for trade workers, who provide face-to-face contact and personal service — like a plumber who can fix the problem that’s caused two inches of water in someone’s basement. “Practical know-how is always tied to experience. It cannot be downloaded. Basically, you can’t fix leaky pipes over the Internet,” Binder observes. Who ya gonna call? Not someone in India.

Let’s overhaul an engine!

When you think of creative careers, which ones come to mind — sculpture, film directing, dancing? Are mechanics and carpentry on the list? If not, it’s probably because you’ve been taught that jobs and careers are either manual or mental, but not both.

Matthew B. Crawford, author of Shop Class as Soulcraft, is out to smash that misconception. Crawford has a Ph.D. in political philosophy from the University of Chicago, but he prefers to be known as the owner of a motorcycle repair shop because he finds working with his hands to be much more mentally engaging.

Match the following tradespeople with their “useful arts.”

1. Practitioners of the Bates method
2. Farriers
3. Luthiers
4. Equissage physiotherapists
5. Doulas
6. Iridologists
7. Cartwrights
8. Glaziers
9. Diamantaires
10. Horologists
11. Questioned-document examiners
12. Reflexologists
13. Saddlers

- a. make large wagons and carts.
- b. look at handwriting to determine whether documents are forged or authentic.
- c. design, make, and repair clocks and watches.
- d. make bridles and saddles for horseback riders.
- e. help to correct vision through natural exercises rather than surgery.
- f. provide therapeutic massage to horses and other four-legged animals.
- g. cut and measure gems for jewelers.
- h. provide emotional support and childcare help to mothers or couples before, during, or after childbirth.
- i. shoe horses.
- j. massage parts of the feet, hands, or ears to try to improve general health or to address a particular physical ailment.
- k. make guitars.
- l. analyze the iris of the eye to locate inflammation throughout the body, and to determine body constitution and general levels of health in a person.
- m. cut, install, and replace glass in all kinds of buildings, from small homes to skyscrapers.
Training for a Trade

Trade schools offer short-term training in various occupations. Some specialize in one area, while others offer several programs. They go by different names — technical colleges, proprietary schools, institutes — but they share one feature: Compared to traditional colleges, they provide students with more concentrated study and learning opportunities in particular fields.

Students who attend trade school may not have to take general courses like English, history, or psychology; and by focusing on technical courses in a particular field of interest, students often can complete a program within a matter of months or a couple of years, rather than four or five years.

The trade-offs

Trade schools are great places to get specialized career training in a comparatively short time. Keep in mind the following when looking at different types of opportunities:

• Credits at some trade schools are not transferable. This means that if you later want to go to college, you may have to begin at the beginning once you arrive on campus. The Vermont Technical College is one exception. This school has transfer arrangements with all of the other Vermont state colleges, if the courses you took at VTC are required by the program at the Vermont state school to which you want to transfer.
• Trade schools may be expensive, as some of them are run as profit-making businesses. However, if they’re eligible for federal financial aid, their financial aid packages may be generous. This may cancel out much of the difference you have to pay out of your own pocket.

Want to learn more? Go old-school and look for the following titles in your school or local library:

Going to the dogs

You may not be interested in veterinary school (it’s harder than medical school to get into), but that doesn’t mean you can’t work with animals. Why not become a veterinary technologist or veterinary technician? In addition to working in veterinarian offices, vet technologists and vet technicians work at:

• boarding kennels
• animal shelters
• stables
• grooming salons
• zoos
• educational institutions
• various local, state, and federal agencies

Learn about annual pay and education requirements at www.bls.gov/ooh/occupation-finder.htm, and learn the differences between veterinary technologists and veterinary technicians in terms of the work they do and the training required.

Vermont Technical College makes TOP 10!

Vermont Technical College has been named among the top 10 best public colleges in the Northeast by U.S. News & World Report. Its job placement rate for graduates: 98%

CHECK IT @ www.vtc.edu

Vermont goes for the gold

Jeff Zayas is a certified gemologist and estate jewelry expert who grew up in Bellows Falls. He began his career in high school while working for Harty’s Jewelers in his hometown. From Bellows Falls, he enrolled in the graduate jeweler program at the Gemological Institute of America in California and then moved to New York City, where he worked at a jewelry firm on Fifth Avenue. Now a Woodstock resident and a graduate gemologist, Zayas travels around the country on behalf of his own business. Check him out at www.facebook.com/ZayasJewelers.

The Williamson Free School of Mechanical Trades outside of Philadelphia, Pennsylvania, is the only free boarding school of its kind in the nation. In a three-year program, young men (sorry gals — the school is still “men only”) can earn associate’s degrees either in construction technology (with an emphasis on carpentry, masonry, horticulture, landscaping, or turf management) or in machine tool, power plant, or structural coatings technology. Students can also earn craftsman diplomas in carpentry, machine trades, and power-plant organization.

Williamson provides all students with full scholarships that cover tuition, room, board, and textbooks; in exchange, students agree to abide by the school’s dress code and rules. Student responsibilities include help with the food service and maintenance of the buildings and grounds, which provides hands-on learning experience.

Founded by some Quaker dude back in 1888, the school’s been operating since then.

CHECK IT @ www.williamson.edu
Interested in getting a taste of the “useful arts” while you’re still in high school? If so, you may want to look into one of Vermont’s 15 regional career and technical centers, and two comprehensive high schools. These schools provide an early introduction to technical careers, along with basic training to get you started.

For the location of a technical center near you, and courses at each location, visit http://www.vtcte.org. Here are some of the courses available:

- Agricultural mechanics
- Animation & Web design
- Architecture
- Auto body repair
- Automotive technology
- Aviation technology
- Business/marketing
- Carpentry
- Communications technology
- Computer network management
- Computer programming
- Construction site management
- Cosmetology
- Culinary arts
- Dental assisting
- Design — visual communication
- Diesel/truck mechanics
- Diversified agriculture
- Drafting & design
- Electrical engineering technology
- Electricity/electronics occupations
- Emergency & fire management
- Engineering
- Forestry & natural resources
- Health careers
- Heating, ventilation & air conditioning
- Heavy equipment
- Horticulture
- Industrial design & fabrication
- Industrial maintenance
- Industrial mechanics
- Information technology
- Law enforcement
- Legal services
- Medical records
- Precision machining technology
- Printing
- Salon management
- Video production
- Web/multimedia management
- Welding/metal fabrication
- Woodworking

In its Best Careers series, U.S. News recommended some of the following skilled trades:

- cosmetologist/hairstylist
- firefighter
- machinist
- electrician/electronics technician

If you enroll in one of Vermont’s regional tech centers, you’ll usually spend the full school day at the center while continuing to be enrolled at your “sending high school,” where you may take additional academic classes if you wish. This may be necessary if after high school you’re planning to apply to a technical college or traditional college that requires certain classes such as Algebra II or chemistry.

If the idea of a regional tech center appeals to you, start by doing some up-front research because, as is true with any academic plan, if you’re interested in continuing your education after high school you’ll have to make sure you can graduate with all the credits and classes you need in order to be accepted at the school you’re aiming for.

If you attend a career or technical center in Vermont, dual enrollment opportunities exist for you. Dual enrollment means you can graduate from high school with college credits under your belt! Learn more at http://fastforward.vsc.edu.
Some years ago, the South Burlington-based union IBEW Local 300 — the Vermont branch of the International Brotherhood of Electrical Workers — invested more than $100,000 to teach the state’s electrical workers everything they need to know about installing, maintaining, and trouble-shooting the latest in PV solar systems. The training — open to everyone from new apprentices to senior electricians — involves a 32-hour, hands-on course that's extremely popular, with demand outstripping classroom capacity because solar power is the least controversial green energy in Vermont: Unlike wind energy projects involving turbine “farms,” solar arrays can simply be built onto or into existing structures, and they create no noise, visual obstruction, or negative impact on local wildlife.

In the same year, the Vermont Clean Energy Fund announced $3.1 million in renewable energy grants, including seven projects through Housing Vermont and a grant to build a solar array atop City Market in Burlington. Peck Electric in South Burlington has “enough projects to keep us busy a long time,” said Matt Murphy some time ago in an interview with Seven Days. Murphy, who oversees Peck’s solar projects, quit his job as a computer programmer to become an electrician, primarily because he was so interested in solar power. “There’s a huge demand right now,” according to Murphy.