



Habits of success

Successful students demonstrate a number of important habits inside and outside the classroom. Students who demonstrate these skills and behaviors are better positioned to be career- or college-ready and achieve their own goals for the future.

Personal responsibility

- ☐ Make the commitment to attend every class.
- ☐ Demonstrate follow-through.
- ☐ Accept responsibility for agreements.
- ☐ Understand your rights & responsibilities.
- ☐ Be able to locate policies.

School communication tools

- ☐ Check mail and e-mail regularly.
- ☐ Update contact information on the portal.
- ☐ Monitor your grades and overall progress in each course.
- ☐ Read teacher comments and take advice.

Professional etiquette

- ☐ Demonstrate professional conduct electronically and in person.
- ☐ Arrive prepared and on time.
- ☐ Provide notice ahead of time when you'll be late or absent.
- ☐ Raise concerns respectfully.

Academic planning

- ☐ Use academic planning tools.
- ☐ Understand your requirements (in class and at school) in terms of what's due and when.
- ☐ Track your progress with classes, clubs, and your four-year plan.

School-life balance

- ☐ Choose classes and activities that fit into your schedule and responsibilities.
- ☐ Anticipate obstacles before they become problems (which could include the people you choose to spend time with).
- ☐ Develop contingency plans.
- ☐ Identify your sources of support: Who will help you achieve your dreams?

Use of resources

- ☐ Be prepared with class materials at the start of the semester.
- ☐ Read your course descriptions and syllabi.
- ☐ Use academic resources to improve (teachers, tutors, coaches, etc.).
- ☐ Know how your teachers and advisors can help and contact them as needed.

Mindset

- ☐ Recognize that success requires hard work.
- ☐ Expect reasonable stress, but know you can work through it. Learn how and when to change your course when it's too stressful; seek guidance.
- ☐ Find and create learning strategies that work for you.
- ☐ Ask questions when things don't make sense.

TOLL FREE
800-642-3177

BURLINGTON AREA
655-9602

ONLINE
vsac.org

EMAIL
info@vsac.org

