



# Career & Education Wellness Program

VSAC's career & education wellness program provides an invaluable benefit to your staff by helping them directly with their education goals and by giving them peace of mind and confidence in planning and navigating their families' education.

This is a rare opportunity for your organization to provide your employees with a direct benefit that reduces their stress and provides value to them, and you, by improving their own skills and knowledge while investing in their families, your next generation of workers.

TOLL FREE  
**800-642-3177**

BURLINGTON AREA  
**655-9602**

ONLINE  
**[vsac.org](https://vsac.org)**

EMAIL  
**[cew@vsac.org](mailto:cew@vsac.org)**



## VSAC's career & education wellness program helps you with two of your largest challenges:

**Recruiting/Retention** — Employee-centric benefits help you recruit and retain staff, especially those with young families and those who want to continue their own education.

**Workforce development** — While VSAC helps you and your employees today, it also takes the long view: to fill the pipeline of future employees for your company and the economic engine of our state.

## VSAC provides:

- support to your staff by helping them with their education goals (aligned with your organization's needs).
- information to increase your employees' confidence in planning and navigating their families' education.

## VSAC answers questions like:

### How will changes in K-12 education affect my child and me?

Your employees will:

- learn how to understand, advocate for, and communicate their child's needs.
- navigate their local school system's processes.
- understand school environments and expectations for their child(ren).

### What's next after high school?

Our counseling will help your employees:

- understand college exploration and how to search for good college matches.
- help their children apply to college or trade school.
- pay for college by exploring grants, loans, scholarships, merit aid, and savings programs.
- learn about the "gap year," along with other options to college after high school.
- navigate campus resources and support services.
- understand the role of parents once students become college students.



Education is the most powerful force in creating a vibrant economy and community. As an employer, you know the importance of a highly skilled workforce. Your business runs better when employees are productive, committed, and engaged at work and in your community.

### **How can I help my employees with their own education goals or challenges?**

VSAC has years of experience in working with adults and can help employees explore their interests, identify the training they may need now, and explore and understand the costs of continuing education. Our services help them:

- navigate and understand student loan repayment options.
- explore their professional goals.
- identify the education or training they may need in order to be successful.
- investigate their own learning styles.
- explore appropriate local or distance-learning options.
- navigate the application process.
- find grants and other funding that might be available.

### **In addition, VSAC's program includes:**

- tips and tricks for communicating with students
- understanding learning styles
- options for preparing for the SAT/ACT and how to interpret scores
- strategies for staying engaged in coursework
- saving for college/planning early
- financial literacy and loan repayment
- debt repayment and loan forgiveness

### **VSAC offers a variety of delivery options:**

- brownbag workshops — topics scheduled in advance
- individual counseling sessions — 30-minute timeslots
- e-mail access to VSAC professionals

### **Down the road we will expand to include:**

- web access to presentations and helpful articles and content
- online moderated discussions with VSAC representatives
- subscription-based e-mail and text message reminders based on key deadlines
- podcasts and webinars

TOLL FREE  
**800-642-3177**

BURLINGTON AREA  
**655-9602**

ONLINE  
**[vsac.org](https://vsac.org)**

EMAIL  
**[cew@vsac.org](mailto:cew@vsac.org)**

## **To learn more:**

Contact the VSAC career & education wellness program:

**E-mail: [cew@vsac.org](mailto:cew@vsac.org)**

**Phone: (802) 654-3786**

