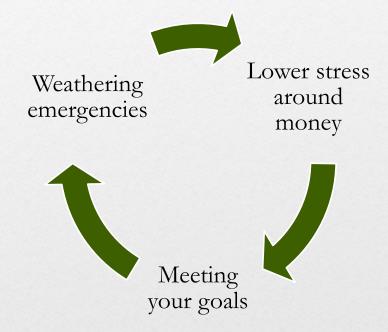




What is Financial Wellness?



What We'll Cover

Spending Money

Borrowing Money

Paying it Back

Spending Your Money



Cashflow

What is coming in?

Income

How can this increase?

What is coming out?

Expenses

How can this decrease?

How do you know?

- Notebook
- Digital Spreadsheet
- Check Register
- Note on Your Phone

- Apps
 - You Need a Budget (YNAB)
 - Mint
 - Qube
 - Budget with Buckets
 - Goodbudget
 - Toshl
 - Simplifi
 - Everydollar
 - PocketGuard
 - Wally

Budget Basics





Balanced

Personal

Saving Goals

- Continuing Education
- Housing
- Car
- Pets
- Vacation
- Retirement
- New Technology
- Convenience

- Paying off Debt
- Entertainment
- Supporting Family
- Furniture
- Art
- Hobbies
- Emergency Fund
 - 3-6 months of expenses

Would you rather?

- Live in a city and bike or...
- Go out for lunch or...
- Get a new phone or...
- Dunkin every morning or...

- Live in the suburbs and drive?
- See a movie in the theatre?
- Go to a music festival?
- A new video game?

Unexpected Emergencies

- 1 month of rent?
- 3 months of rent and bills?

\$500 • 6 months of all expenses?

\$2,000

\$1,000

Over Draft vs. Non-Sufficient Funds

- Over Draft the purchase goes through
 - You essentially borrow the money
- Non-Sufficient Fund does not go through
 - You will not be charged for the purchase

Both have a fee!

Modify

Plan Ahead

How can you change your spending?

Shop Around

Create distance

Financial Future



Where do you want to be in 5 years? 10 years? 20 years?



What will it cost to get there?

Can you get more out of your savings?

Tax-Advantaged Accounts

- Vermont 529
 - Savings for education
- Retirement
- Health Savings Account

Interesting Earning Accounts

- High Interest Savings
- CD
- Investments
 - Bonds
 - Stocks



Who cares about credit?







Credit Cards

Car Loan

Buying a Home



Landlords



Employers

Credit Score

F: 300-579: Poor

D: 580-669: Fair

C: 670-739: Good

B: 740-799: Very good

A : 800-850: Excellent

Checking Your Credit

- AnnualCreditReport.com
 - Guaranteed by the government
- Some Lenders & Financial Institutions
- Credit Monitoring Apps

Makes money by recommending products to consumers

What Makes Your Credit Score?

New Inquiries 10%

Types of Credit 10%

Payment History 35%

Age of Credit 15%

Credit Utilization 30%

How To Improve Your Credit

- Make on time payments
- Keep your credit card balance low
- Credit Building Products?
 - Secure Credit Card
 - Tracker Loans
- Only apply for loans you need
- Be Patient

Questions

- Do I need to "keep a balance" on my credit card?
- Will checking my credit hurt my credit score?
- Does the amount of savings I have does impact my credit score?
- I've never taken out a loan, do I have good credit?

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30

Higher Credit Score

How do I get the best loan?

Lower APR

Bigger Down Payment

Shorter Term

Thinking Long Term

Total Financed: \$20,000								
Term	36	84	36	84				
Interest	2.99%	6.99%	7.99%	10.99%				
Monthly Payments	\$581.54	\$301.76	\$626.64	\$342.34				
Total Principal	\$20,000.00	\$20,000.00	\$20,000.00	\$20,000.00				
Total Interest								

Total

Thinking Long Term

Total Financed: \$20,000								
Term	36	84	36	84				
Interest	2.99%	6.99%	7.99%	10.99%				
Monthly Payments	\$581.54	\$301.76	\$626.64	\$342.34				
Total Principal	\$20,000.00	\$20,000.00	\$20,000.00	\$20,000.00				
Total Interest	\$935.30	\$5,347.49	\$2,2558.86	\$8,756.86				
Total	\$20,935.30	\$25,347.49	\$22,558.86	\$28,756.86				

Vocabulary

- Down Payment: usually for auto or home loans, this the money you pay upfront towards what you are purchasing
- Principal: the original amount of money you borrow
- Interest: money you pay while you have a loan (expressed as a percentage)
- Annual Percentage Rate (APR): overall coast of the loan on an annual basis
- Term: the length of the loan
- Secure: lender has collateral
- Equity: the amount of an asset you own

What's different about Student Loans?

Federal Student Loans

- Grace period after
- Low interest rates
- Variety of repayment plans
- Potential Loan Forgiveness
- Borrowing limit

Private Student Loans

- Likely requires a cosigner
- Interest depends on credit
- Terms and repayment vary
- Limited options for loan modifications

Subsidized vs. Unsubsidized Loans

Subsidized

- You're not responsible for the interest while you're in school
- Amount is need-based
- Borrowing limit is lower
- Only available for undergraduate

Unsubsidized

- You must pay all the interest
- Amount is not need-based
- Available to undergrad and graduate students



Repayment Strategies

Highest Interest

Biggest Loan

Smallest Loan

Paying the Minimum

Balance	APR	Payment	Interest Paid	Total Paid	Pay Off Time
\$500	18%	\$20	\$122.48	\$622.48	30 Months
\$1,000	18%	\$30	\$331.17	\$1,331.17	39 Months
\$2,000	18%	\$60	\$662.33	\$2,662.33	39 Months

- The average credit card minimum is 3% of the balance.
- APR increases if you are late, miss a payment, or go over your credit limit.

Trouble Paying Back Loans?



Contact Your Servicer



Refinance Secure Loans



Consolidate

Consequences of Missed Payments

- Late Fee
- Delinquency
- Charge-off
- Collections
- Repossession
- Eviction
- Foreclosure
- Legal Action
- Bankruptcy



