

### **Supporting Your Teen's**Career Search



College & Career Pathways
March 18, 2023

### **Meet Our Staff**





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### Warm-up Poll

I talk about career planning with my teen...

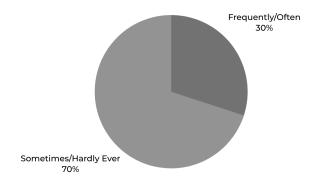
- ...frequently.
- ... occasionally.
- ... rarely.





### **Student Responses**

How often does an adult talk with you about your **career planning**?





## Aspirations & and a linterests

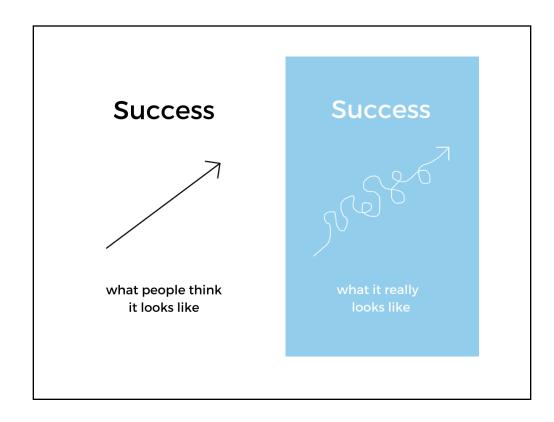
### **Remember When**

- What were your career aspirations in high school?
- What is your career now?









Be sure to let kids know they don't have to have it all figured out by the end of high school. Paths will shift as they learn more and gain experience. And, new opportunities can come up when you aren't expecting it.

- Graduate, Class of 2020

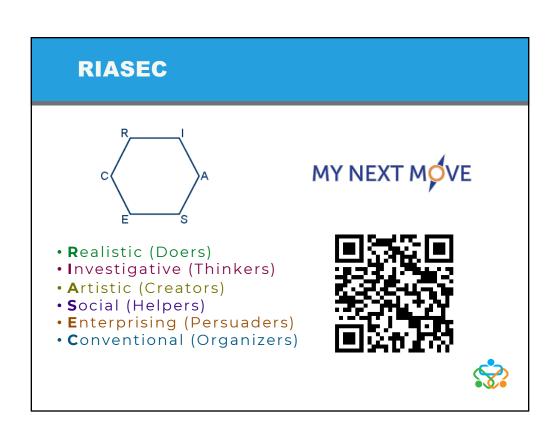


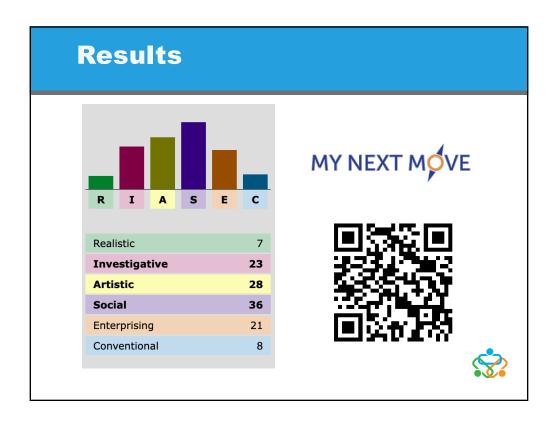
# Help your teen identify their interests by completing a survey: O\*NET Interest Profiler Page 1 of 5 0 of 60 questions Develop a new medicine 4 Develop a new medicine 5 Develop a new medicine 4 Develop a new medicine 5 Develop a new medicine 6 Develop a new medicine 7 Develop a new medicine 8 Help people with presonal or emotional problems 9 Develop and sell stocks and bonds 10 Develop Develop and sell stocks and bonds Manage a retail store

11 O O O Develop a spreadsheet usin 12 O Proofread records or forms

Start Interests Results Job Zones

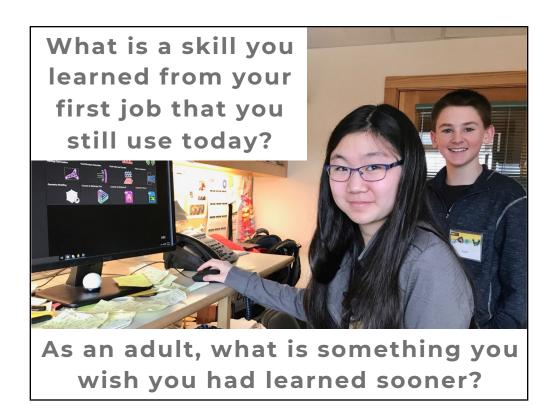


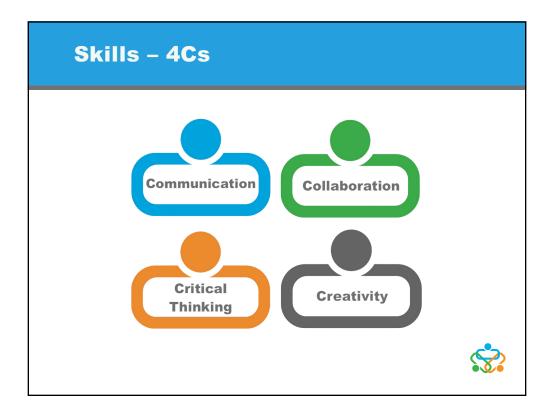






### **Essential Skills**





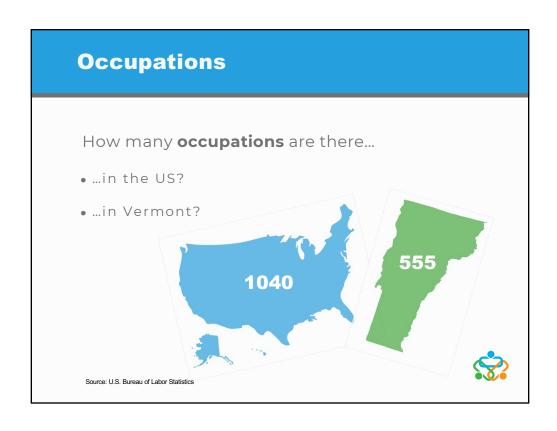
### **Skill Development**

Encourage your teen to develop **essential skills** by:

- identifying what skills they already have
- building new skills
- demonstrating/articulating skills achieved



## **Career Options**



### **Explore Options**

Encourage your teen to **explore** career options related to their interests.

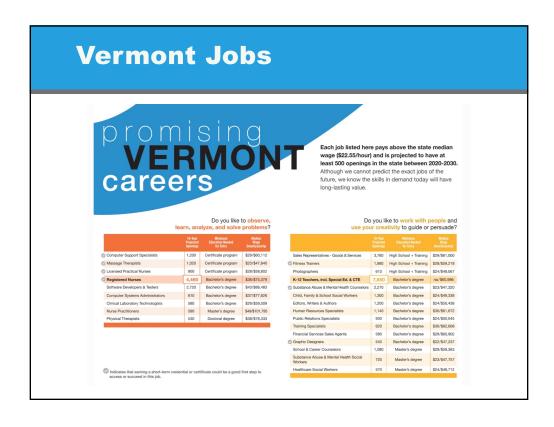
- Online research
- Informational Interviews
- Workplace Tours
- Job Shadows
- Internships



Understand what **skills, education and training** are required for various career interests.









### Noteworthy

### **Influencing Factors**

- Entertainment
- Social Media
- Peers
- School
- Family





### **Advice from the Field**

- Let your teen initiate the process
- Listen and ask questions
- Create opportunities for exploration and skill building
- Try out some tools along with your teen
- Focus on strengths





### It takes a village...

- Parents/Guardians
- Other Family Members
- Neighbors
- Coaches
- Mentors
- Youth Group Leaders
- Classroom Teachers/School Counselors
- Work-based Learning/Flexible Pathways Coordinator
- VT DOL Career Resource Center Staff



