Supporting Your Teen’s Career Search

College & Career Pathways
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Meet Our Staff

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Continuum of Career Development

Career Awareness
Elementary School

Career Exploration
Middle School

Career Preparation
High School

Careers CLiC Reach

Since 1998

- 852 Educators
- 27,994 K-12 Students
- 1,612 Employers
Warm-up Poll

I talk about career planning with my teen...

- frequently.
- occasionally.
- rarely.

Student Responses

How often does an adult talk with you about your career planning?

- Frequently/Often: 30%
- Sometimes/Hardly Ever: 70%
Aspirations & Interests

Remember When

• What were your career aspirations in high school?

• What is your career now?
Be sure to let kids know they don’t have to have it all figured out by the end of high school. Paths will shift as they learn more and gain experience. And, new opportunities can come up when you aren’t expecting it.

- Graduate, Class of 2020
Interests

Help your teen identify their interests by completing a survey:

RIASEC

- **Realistic (Doers)**
- **Investigative (Thinkers)**
- **Artistic (Creators)**
- **Social ( Helpers)**
- **Enterprising (Persuaders)**
- **Conventional (Organizers)**
Results

Connect your interests with occupations:

Realistic 7
Investigative 23
Artistic 28
Social 36
Enterprising 21
Conventional 8

Occupations
Essential Skills

What is a skill you learned from your first job that you still use today?

As an adult, what is something you wish you had learned sooner?
**Skills – 4Cs**

**Skill Development**

Encourage your teen to develop **essential skills** by:

- identifying what skills they already have
- building new skills
- demonstrating/articulating skills achieved
Career Options

How many occupations are there...

- ...in the US?
- ...in Vermont?

Source: U.S. Bureau of Labor Statistics
Encourage your teen to explore career options related to their interests.

- Online research
- Informational Interviews
- Workplace Tours
- Job Shadows
- Internships

Understand what skills, education and training are required for various career interests.
Vermont Jobs

promising VERMONT careers

Do you like to observe, learn, analyze, and solve problems?
- Computer Support Specialists: $50,810
- Cybersecurity Technicians: $55,800
- Licensed Practical Nurses: $37,400
- Registered Nurses: $58,100
- Software Developers & Analysts: $69,700
- Computer Systems Administrators: $71,900
- Clinical Laboratory Technologists: $58,500
- Nurse Practitioners: $100,100
- Physical Therapists: $88,200

Indicates that earning a short-term certificate or credential could be a good first step to enter or transition to this job.

Each job listed here pays above the state median wage ($22.55 per hour) and is projected to have at least 590 openings in the state between 2020-2030. Although we cannot predict the exact jobs of the future, we know the skills in demand today will have long-lasting value.

Vermont Jobs

Wondering where to start? Consider the four jobs bolded below, which are projected to have the greatest number of openings in the years ahead. Remember: wages are based on experience, education, and skills. If you are new to a job or have minimum education requirements, starting pay may be lower.

<table>
<thead>
<tr>
<th>Job Category</th>
<th>3-Year Median</th>
<th>5-Year Median</th>
<th>8-Year Median</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pattern &amp; Construction/Installation</td>
<td>$59,675</td>
<td>$67,835</td>
<td>$71,050</td>
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<tr>
<td>Carpenters</td>
<td>$54,700</td>
<td>$62,900</td>
<td>$67,100</td>
</tr>
<tr>
<td>CNC Tool Operators</td>
<td>$54,500</td>
<td>$62,700</td>
<td>$66,900</td>
</tr>
<tr>
<td>Construction Equipment Operators</td>
<td>$54,300</td>
<td>$62,500</td>
<td>$66,700</td>
</tr>
<tr>
<td>Diesel Engine Mechanics</td>
<td>$54,100</td>
<td>$62,300</td>
<td>$66,500</td>
</tr>
<tr>
<td>Machinists</td>
<td>$53,900</td>
<td>$62,100</td>
<td>$66,300</td>
</tr>
<tr>
<td>Painters/Painters/Paintshop Workers</td>
<td>$53,700</td>
<td>$61,900</td>
<td>$65,100</td>
</tr>
<tr>
<td>HVAC Maintenance &amp; Repair</td>
<td>$53,500</td>
<td>$61,700</td>
<td>$64,900</td>
</tr>
<tr>
<td>Electricians</td>
<td>$53,300</td>
<td>$61,500</td>
<td>$64,700</td>
</tr>
<tr>
<td>Engineering Technicians</td>
<td>$53,100</td>
<td>$61,300</td>
<td>$64,500</td>
</tr>
<tr>
<td>Engineers: Civil, Mechanical &amp; Industrial</td>
<td>$52,900</td>
<td>$60,100</td>
<td>$63,700</td>
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For career support and jobseeker resources, contact the Vermont Department of Labor: 802-828-4394 | labor.vermont.gov/jobs

To learn more about these jobs and the education and training programs that lead to them:

Are you organized and detail-oriented and do you like to work with lots of information?
- Bookkeeping & Accounting Clerks: $51,000
- Typists: $50,000
- Accountants & Auditors: $51,000
- Project Management: $50,000
- Management: $51,000
- Market Research Aids: $50,000
- Computer Systems Analysts: $50,000
- Librarians: $50,000
- Secretaries: $50,000

For more information, visit myfuturevt.org
Noteworthy

Influencing Factors

- Entertainment
- Social Media
- Peers
- School
- Family
**Advice from the Field**

- Let your teen initiate the process
- Listen and ask questions
- Create opportunities for exploration and skill building
- Try out some tools along with your teen
- Focus on strengths

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**It takes a village...**

- Parents/Guardians
- Other Family Members
- Neighbors
- Coaches
- Mentors
- Youth Group Leaders
- Classroom Teachers/School Counselors
- Work-based Learning/Flexible Pathways Coordinator
- VT DOL Career Resource Center Staff
My internship really opened my eyes to what I want to do and how I can get there.

- TIPS Student Intern