



# Navigating the Admission Process

College & Career **Pathways** 2026

# Presenters

---

## Daniel Cabaniss & Gabrielle Woolgar

Assistant Directors of Admissions  
Landmark College



Recent Landmark College Graduates-  
Majors in Liberal Studies (B.A.)  
And Life Sciences (B.S.)



# Who are you?

---

Who has an idea of what they might want to study?

Who would be the first person in their family to go to college?

Who has no idea of what they want to do?

# Build Your Team

---

## Who are your helpers?

- Family and Friends
- School counselors
- Private counselors
- College Admissions Counselors - Find on the college's website
  - Location
  - Program of Study
  - Special interests



# Starting the Application Process

---

## Common App or School Specific Application

- Do some research about what each school requires

## Gather your information

- Official Transcripts
- Test Scores
- Letters of Recommendation
- Personal Essay
- Resume and/or list of extracurriculars



Get comfortable checking your email, responding quickly, and calling unfamiliar people.

# What do colleges look for?

## Academics

- What classes did you take?
- Grades
- Standardized Tests

## Extracurricular Activities

- Clubs
- Sports
- Volunteerism

## Social Media/ Online imprint

- Present your best self
- Remove anything that might be offensive



REPORT CARD				
GRADING PERIOD	1	2	3	4
READING	A			
WRITTEN COMMUNICATION	A			
MATHEMATICS	C			
SCIENCE/HEALTH	B			
SOCIAL STUDIES	B			
ART	A			
MUSIC	A			
PHYSICAL EDUCATION	C			
Grade Average	B			
Attendance:	Present 18			
	Absent 2			
	Tardy 1			
A = Excellent • B = Good • C = Satisfactory • N = Needs Improvement				
I = Inadequate • L = Incomplete • Inc = Incomplete				
Student:	Grade:	Year:		



# The 5 C's of Picking a College

# The Five C's of Picking a College

---

## Curriculum

- Can I see myself succeeding here?
- What will I major in?
- What will I learn?



# The Five C's of Picking a College

---

## Campus



**Plan a trip!**

**Do I like the facilities?**

**Do they have the right support?**

**Do I like the location? Is it convenient?**

# The Five C's of Picking a College

---

## Community



- Will I make friends here?
- Do they have my sport or club?
- Will I get to know my professors?

# The Five C's of Picking a College

---

## Career



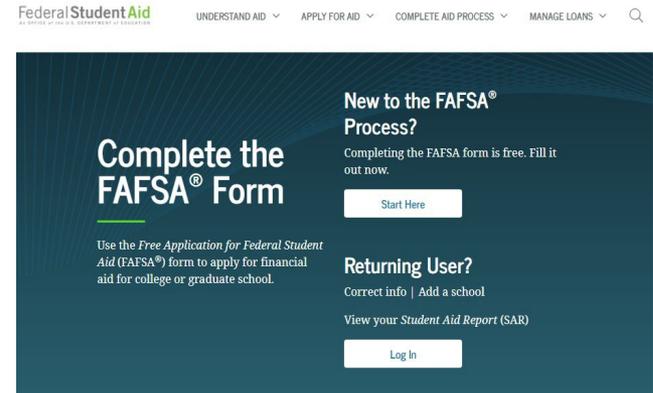
- Are there internship opportunities?
- Will I get real-world experience?
- What do I need to be employable?

# The Five C's of Picking a College

---

## Cost

- Can I afford it?
- What's the return on investment?
- Will I get financial aid?





## College comparison chart

*Note: This PDF can be printed or filled out on your computer.*

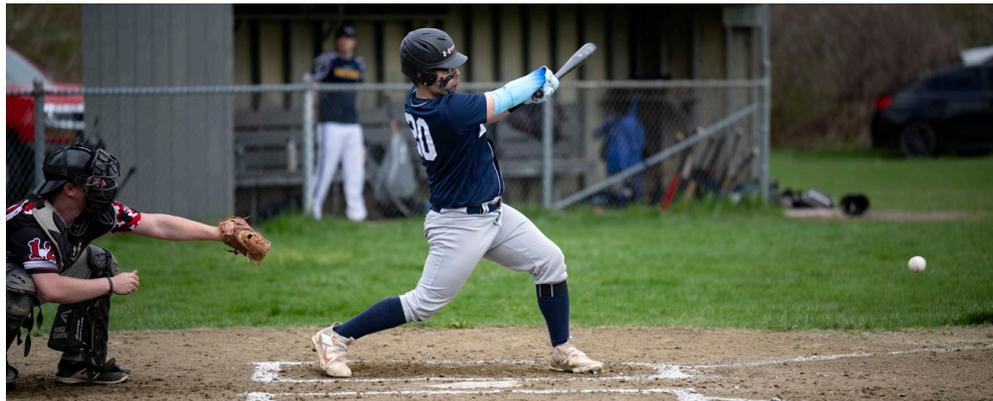
As you investigate colleges, use this worksheet to keep track of schools in which you're most interested and to compare them to your wish list of ideal characteristics. In the second column, list all 12 factors in order of importance to you — 1 for most important, 12 for least important.

Factors to consider	my factor rank (1-12)	my wish list of college characteristics			
Type (technical, two-year, college, university)					
Major/academic program					
Size of school					
Location (setting/surroundings)					
Selectivity					
Academic atmosphere					
Student life/activities					
Diversity of student population					
Housing					
Facilities (library, theater, cafeteria, sports)					
Cost (college budget) and affordability					
Other					

# Conclusion

---

- The application process can be difficult! Don't be afraid to lean on others.
- Who could help with the process?
- What are the 5 C's of picking a college?



# Contact Us

---

## Daniel Cabaniss

Assistant Director of Admissions

[danielcabaniss@landmark.edu](mailto:danielcabaniss@landmark.edu)

802-387-1676



## Gabrielle Woolgar

Assistant Director of Admissions

[gabriellewoolgar@landmark.edu](mailto:gabriellewoolgar@landmark.edu)

802-387-6834

